



# THE BULWELL ACADEMY

# Restaurant

# Menu

2018 - 2019



Please pay online using ParentPay. For your log-in details,  
please contact the School Office on 0115 964 7640 or  
email [parentpay@bulwellacademy.org.uk](mailto:parentpay@bulwellacademy.org.uk).

# BREAKFAST



**Free Breakfast to the Value of 60p**  
available between 7.45 am and 8.15 am

## BREAKFAST SNACKS

Cereals & Milk £0.60

Bacon Cob £0.60

Sausage Cob £0.60

Porridge £0.50

Tomatoes £0.50

Baked Beans £0.50

Scotch Pancake £0.30

Sausage £0.30

Bacon £0.30

Toast £0.20

Scrambled Egg £0.30

Poached Egg £0.30

## FRUIT & YOGHURTS

Fresh Fruit Small £0.20

Large £0.40

Yoghurt £0.50

Fruit Pot £0.50

## EXTRAS

Butter £0.10

Jam Portion £0.10

Sauce £0.10

## DRINKS

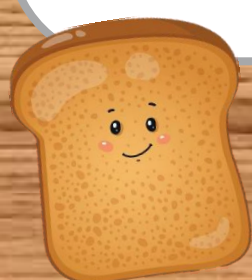
Pure Juice Cup £0.20

Fruit Juice £0.40

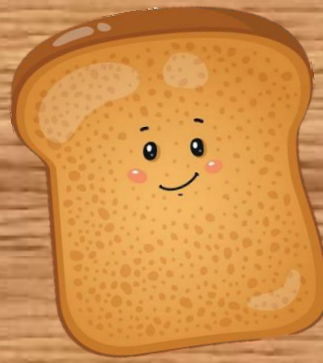
Fresh Milk £0.40

Flavoured Milk £0.55

Water Bottle £0.60



# BREAK



## SNACK BAR

Pizza Slice Large	£1.20
Pizza Slice Small	£0.80
Croissant	£0.50
Scotch Pancake	£0.30
Toast	£0.20



## DRINKS

Pure Juice Cup	£0.20
Fruit Juice	£0.40
Fresh Milk	£0.40
Flavoured Milk	£0.55
Water Bottle	£0.60



## FRUIT & YOGHURTS

Fresh Fruit Small	£0.20
Large	£0.40
Yoghurt	£0.50
Fruit Pot	£0.50



## EXTRAS

Butter	£0.10
Jam Portion	£0.10
Sauce	£0.10



# WHAT'S FOR DINNER?



**Main Meal** *including Veggie option* **£1.70**  
**Meal Deal\*** **£2.10**

## WEEK ONE

w/c 3 Sept, 1 Oct, 12 Nov, 10 Dec, 21 Jan, 25 Feb, 25 March, 6 May,  
 10 June, 8 July

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken & Veg Pie <b>G C M E S</b>	Lasagne Beef <b>G C M</b>	Chef's Choice	Roast Pork <b>S</b>	Fish & Chips <b>G F Ms</b>
Vegetarian Tikka & Rice <b>V C</b>	Vegetarian Quiche <b>V G M E S</b>	Vegetarian Chef's Choice <b>V</b>	Vegetable Slice <b>V G C M S</b>	Vegetable Chilli & Rice <b>V C</b>
Fruit Crumble <b>G M S</b>	Chocolate & Orange Sponge <b>G M E</b>	Chef's Choice	Sticky Toffee Pudding <b>G M E S</b>	Chef's Choice

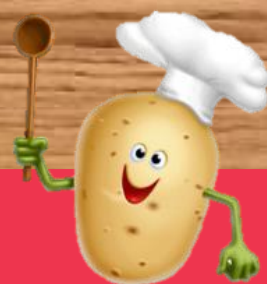
<b>V</b> Vegetarian	<b>M</b> Contains Milk	<b>E</b> Contains Egg
<b>G</b> Contains Gluten	<b>F</b> Contains Fish	<b>C</b> Contains Celery
<b>Ms</b> Contains Mustard	<b>S</b> Contains Sulphite	

*\*Meal Deal = Main Meal + hot/cold dessert up to the value of 70p OR Baguette + hot/cold dessert up to 70p*





# WHAT'S FOR DINNER?



**Main Meal** *including Veggie option*    **£1.70**  
**Meal Deal\***    **£2.10**

## WEEK TWO

w/c 10 Sept, 8 Oct, 19 Nov, 17 Dec, 28 Jan,  
 4 March, 1 April, 13 May, 17 June, 15 July

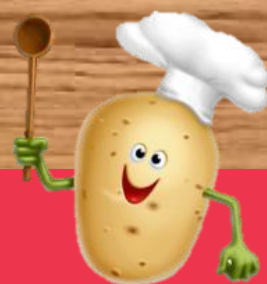
Monday	Tuesday	Wednesday	Thursday	Friday
Beef & Potato Pie <b>G M E S</b>	Chicken Curry & Rice <b>M</b>	Chef's Choice	Roast Beef & Yorks Pud <b>G M E S</b>	Fish & Chips <b>G F Ms</b>
Seasonal Vegetable Pie <b>V G S</b>	Vegetarian Pizza <b>V G M S</b>	Chef's Choice <b>V</b>	Veg Pasty <b>V G M E S</b>	Vegetarian Risotto <b>V S</b>
Lemon Sponge <b>G M E</b>	Chocolate & Vanilla Sponge <b>G M E</b>	Chef's Choice	Cornflake Tart <b>G M</b>	Chef's Choice

<b>V</b> Vegetarian	<b>M</b> Contains Milk	<b>E</b> Contains Egg
<b>G</b> Contains Gluten	<b>F</b> Contains Fish	<b>C</b> Contains Celery
<b>Ms</b> Contains Mustard	<b>S</b> Contains Sulphite	

*\*Meal Deal = Main Meal + hot/cold dessert up to the value of 70p OR Baguette + hot/cold dessert up to 70p*



# WHAT'S FOR DINNER?



**Main Meal** *including Veggie option*    **£1.70**  
**Meal Deal\***    **£2.10**

## WEEK THREE

w/c 17 Sept, 15 Oct, 26 Nov, 7 Jan, 4 Feb,  
 11 March, 22 April, 20 May, 24 June, 22 July

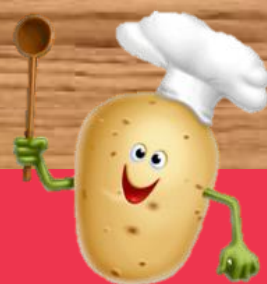
Monday	Tuesday	Wednesday	Thursday	Friday
Lasagne Beef G C M S	Chicken Curry & Rice M	Chef's Choice	Roast Pork S	Fish & Chips G F Ms
Vegetable Pie V M G C E	Veg Quiche V G M E S	Chef's Choice V	Veg & Lentil Hot Pot V C	Sweet & Sour Vegetables V G S
Apple Crumble G M S	Golden Syrup Sponge G M E	Chef's Choice	Carrot Cake G M E S	Chef's Choice

V	Vegetarian	M	Contains Milk	E	Contains Egg
G	Contains Gluten	F	Contains Fish	C	Contains Celery
Ms	Contains Mustard	S	Contains Sulphite		

*\*Meal Deal = Main Meal + hot/cold dessert up to the value of 70p OR Baguette + hot/cold dessert up to 70p*



# WHAT'S FOR DINNER?



**Main Meal** *including Veggie option* **£1.70**  
**Meal Deal\*** **£2.10**

## WEEK FOUR

w/c 24 Sept, 5 Nov, 3 Dec, 14 Jan, 11 Feb,  
 18 March, 29 April, 3 June, 1 July

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese G C Ms	Chicken Tikka & Rice M	Chef's Choice	Roast Chicken S	Fish & Chips G F Ms
Veg Quiche V G M E S	Roast Veg Roll V G S	Chef's Choice V	Vegetable Lasagne V M C G S	Sweet & Sour Vegetables V G M S
Chocolate Fudge Cake G M E	Bakewell Tart G M E	Chef's Choice	Butterscotch Tart G M E	Chef's Choice

V	Vegetarian	M	Contains Milk	E	Contains Egg
G	Contains Gluten	F	Contains Fish	C	Contains Celery
Ms	Contains Mustard	S	Contains Sulphite		

*\*Meal Deal = Main Meal + hot/cold dessert up to the value of 70p OR Baguette + hot/cold dessert up to 70p*



# SNACK BAR

## (Lunch)



### ROLLS & SANDWICHES

Baguette Filled    £1.70  
*(or £2.10 with a hot or cold dessert up to 70p)*

Sandwich            £1.20  
Cold Wrap            £1.50  
Small Roll Filled    £0.60

### EXTRAS

Baked Beans            £0.50  
Cheese (Large)        £0.60  
Cheese (Small)        £0.30  
  
Tuna (Large)            £0.60  
Tuna (Small)            £0.30  
Coleslaw                £0.50  
  
Butter / Jam            £0.10  
Sauce                    £0.10

### SNACK BAR

Curry Pot              £2.00  
Hot Chicken Wrap      £2.00  
Hot Dog                 £2.00  
Hot Panini              £1.90  
Salad Box              £1.70

### Pasta / Noodles Pot

Hot                      £1.50  
Cold                     £1.30

Chips (pot)             £1.20  
Jacket Potato            £1.20  
Sausage Roll            £1.20  
Soup & Roll             £1.20

Pizza Slice Large      £1.20  
Pizza Slice Small      £0.80

Beans on Toast        £0.70  
Toast                    £0.20



# PUDDINGS & DRINKS (Lunch)



**Hot & Cold Desserts up to the value of 70p can be included in a Meal Deal (main meal / baguette & pudding)**

## PUDDINGS



Hot Pudding		Cookie / Cake	£0.60
& Custard	£0.70	Jelly	£0.50
Cheesecake	£0.70	Ice Cream	£0.40
Cream Scone	£0.70	Custard	£0.20
Whip	£0.70		



## DRINKS

Pure Juice Cup	£0.20
Fruit Juice	£0.40
Fresh Milk	£0.40
Flavoured Milk	£0.55
Water Bottle	£0.60

## FRUIT & YOGHURTS

Fresh Fruit Small	£0.20
Large	£0.40
Yoghurt	£0.50
Fruit Pot	£0.50



**Take-out Tray £0.20**

# CASHLESS SCHOOL=

*No more problems with lost money or looking for change*



SCHOOL DINNERS



SCHOOL TRIPS



ParentPay

At The Bulwell Academy, we run a cashless system for paying for **school meals, trips and other items**. There are 3 ways to pay:



ParentPay

- Online using **ParentPay** (our preferred choice)



- **PayPoint** card (topping up using cash in local stores)



- **Cheque** (payable to The Bulwell Academy)

## How do students pay for their meals in the Restaurant?

Students are recognised by their finger ID (***a consent form for finger ID is available from the School Office***). The student simply places their finger on a scanner at the point of sale; a display will show the server the student's name and current cash balance. The selected food items are entered on the system from an itemised keyboard while the amount spent and the new cash balance is shown on the display.



You can view your child's spending and meal choices by logging onto your ParentPay account. Alternatively, you can request a printed report from the school office.

The cashless system is set with a daily spend limit for meals of £4.00. No food above that limit can be bought. The daily spend limit can be amended for your child by contacting the school office. This will help your child to learn the important life skill of budgeting.

# Free School Meals

If you think your child may be eligible for **Free School Meals**, please contact Pupil Benefits at Nottingham City Council.

Phone: 0115 915 4084  
Email: [pupil.benefits@nottinghamcity.gov.uk](mailto:pupil.benefits@nottinghamcity.gov.uk)  
Web: [nottinghamcity.gov.uk/freeschoolmeals](http://nottinghamcity.gov.uk/freeschoolmeals)

The Free School Meal allowance is automatically added to your child's account on a daily basis. The allowance will appear on the account when your child scans their finger ID at lunchtime.

## How to access your ParentPay account

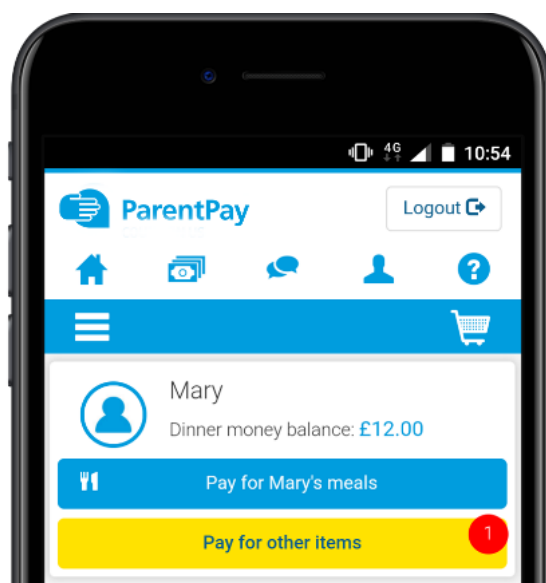


If you have not received your log-in details and guidance on setting up your **ParentPay** account, please contact the school. You can access your account on a **smart phone, tablet or PC** on [www.parentpay.com](http://www.parentpay.com)

Paying online from your debit / credit card is simple and secure, providing you with peace of mind that your money will reach the school safely.



If you prefer not to pay online, you can top up your child's account using a **PayPoint card** in local stores. Please contact the school to order a card.



Pay online...  
for peace of mind



**THE BULWELL  
ACADEMY**  
*Creative  
Education  
Trust*

For more information:



0115 964 7640



[parentpay@bulwellacademy.co.uk](mailto:parentpay@bulwellacademy.co.uk)



[www.parentpay.com](http://www.parentpay.com)



# THE EATWELL GUIDE



Use the Eatwell Guide to help you get a balance of healthier and more sustainable food. It shows how much of what you eat overall should come from each food group.



If your child has any food allergies, intolerances, religious or ethical beliefs or special diets, please contact the Head Chef, **Paul Smith** (Tel: 0115 964 7641).

***Please check the lunchtime menus for dietary information.***